

#### TIME FOR FACE

# **Nordic Zen facial japanese lifting**

- 1700:- / 80 min

This treatment works on the result of aging in a natural way. You get a more even tone in the skin, fresher glow, less puffiness and more relaxed and toned muscles in the face. We use special massage techniques with acupressure, connective tissue massage, lymphatic and reflexology that makes this treatment unique.

Pro Peel 30 - 695:- / 25 min

30 % multi acid complex gives this treatment an immediate notable result with a perfect glow and a more even skin tone. Including a deep cleanse, acupressure massage with effective special products is applied.

Age Less facial

- 990:- / 50 min

An anti-age treatment that tightens up, gives moisture and

- 1490:- / 80 min

makes the skin tighter with powerful ingredients, aculift massage and Gua Sha stone that tightens up, calms and increases the circulation for a rosier skin. Finishing with mask, serum, day cream and eye cream (80 min-treatment includes deep cleansing).

**In Balance - Classic Facial** 

- 990:- / 50 min

A customized treatment for all skin types. Deep cleanse, moisteres, calms or balances the skin. The skin therapist adapts the treatment after your needs.

- 1490:- / 80 min

**Facial for Men** 

- 990:- / 50 min

- 1490:- / 80 min

A deep cleanse treatment specially adapted for men's needs Works moisturizing and pore minimizing. Involves also a luxury facial massage and a deep cleanse mask.

Refreshing facial treatment with Glow

- 695:- / 25 min

A quick fix, we focus on facial massage, after a thorough cleaning and scrub.

**Brow and Eyelash tint** 

- 695:- / 25 min

Inclusive Shaping of brows / waxing if preferred

**Supplement in facial treatment** 

- 395:- / 25 min



## TIME FOR BODY

#### **Anti-Stress with Lavender or Neroli**

- 1490:- / 80 min

Take a deep breath and enjoy this calming treatment. We start with a dry brushing of your full body followed by a full body massage. We also use hot stones. A nice foot massage ends this treatment.

# **Energy with Ginger and minerals**

- 1490:- / 80 min

Let the warmth from the essential of the ginger oil nourish and increase wellbeing. The treatment starts with a fresh Eucalyptus Scrub, and followed by massage with focus on your back, neck and shoulders. A nice acupressure for your face finishes this treatment.

#### **Bamboo massage**

- 990:- / 50 min

For you with tensed muscles, a holistic massage experience. - 1490:- / 80 min With the heat from the Bamboo sticks and a specific treatment method it promotes circulation, detoxing, relaxing and tight muscles.

#### **Gua Sha Vital body massage**

- 990:- / 50 min

This tightening massage with active aroma oils defines – **1490:- / 80 min** and increase the skin's firmness and contributes to detoxing and you feel filled with energy.

**Mother-To-Be** 

- 990:- / 50 min

Luxury treatment for pregnancy with natural products.

- 1490:- / 80 min

Focus on tired feet and legs, softens, moisturize and nourish the skin and loosen up tight muscles. Glow in your face with a facemask including a lovely face massage.

### **Full Body Scrub**

- 695:- / 25 min

Refreshing eucalyptus scrub, cleaning and a circulation increasing treatment that heats the skin and muscles. Perfect to start every treatment with.

# **Relaxing Massage**

- 695:- / 25 min

Relaxing massage with a warm essential oil.

- 990:- / 50 min

Including face and scalp massage.

# **Energizing massage**

- 695:- / 25 min

Energizing massage with a warm essential oil.

- 990:- / 50 min

Including face and scalp massage.



# TIME TOGETHER

Duo treatments (1 therapist, 2 guests)

# Facial treatment In Balance – 2 persons

- 1690:- / 80 min

A treatment for all skin types, cleansing, moisturizing, calming and balancing. Cleansing, scrub, acupressure with essential oil and face massage, scalp massage face mask and subsequent products.

# **Calm with Chamomile – 2 persons**

- 1690:- / 80 min

Enjoy this calming treatment with someone you care for. The treatment start with dry brushing followed by a warm application with chamomile. A nice scalp massage finishes this treatment.

#### **WAXING**

Waxing Full leg incl. bikini	- 990:- / 50 min
Waxing Full leg	– 790:- / 40 min
Waxing half leg	- 695:- / 25 min
Waxing bikini	- 695:- / 25 min
Waxing half leg incl. bikini	- 890:- / 45 min
<b>Waxing</b> eyebrows Supplement in facial treatment	– 350:- / 15 min – 240:- / 15 min

# **6** bokadirekt.se

See times and availability in the calendar on BokaDirekt.se and book and pay for your treatment as it best suits you

# SPA@HOTEL1622.SE

You are also welcome to send in your treatment request to us via email or call us directly at 0738-229943